

Dr. Kingsley Chin Offers New Approach to Spine Surgery
Minimally disruptive surgery offers new relief for back and/or leg pain

West Palm Beach, July 22, 2008 – Kingsley Chin, MD, the Spine Surgeon-In-Chief with iMIS, The Institute for Minimally Invasive Surgery (www.iMISsurgery.com) is the first to perform a new minimally disruptive procedure at Good Samaritan Medical Center in West Palm Beach Florida, called eXtreme Lateral Interbody Fusion (XLIF®), to provide relief to those suffering from back and/or leg pain.

An estimated 10 million adults suffer from chronic back and/or leg pain annually, a condition that can limit their activities. Until recently, adults with back and/or leg pain have undergone traditional or “open” spine surgery, requiring weeks or months of recovery.

“The XLIF surgical procedure offers a safe and effective, less disruptive alternative to traditional or open techniques to access the anterior aspect of the spine,” explained Dr. Kingsley Chin. “This approach provides great access to the spine and excellent visualization during surgery with less tissue disruption, blood loss, and faster patient recovery times. Another benefit is that patients are often walking within a few days, with a typical four-to-six week recovery, rather than the six or more months of recovery following traditional back surgery. And the best part is that they are no longer suffering from back and/or leg pain. XLIF is a win-win approach for all – the patient, surgeon, and hospital.”

The NuVasive® XLIF surgical procedure employs NuVasive’s minimally disruptive instrumentation. NuVasive’s MaXcess® retractor system allows the surgeon the necessary surgical access with minimal disruption of surrounding tissue, while the NeuroVision® JJB System uses real-time feedback electromyography, or EMG, to enable the surgeon to avoid nerves during spine surgery. This technology allows surgeons to perform a wide range of conventional spine procedures through a minimally invasive approach that causes less muscle disruption and enables faster recovery. Additionally, surgeons can

perform these procedures using instruments that are similar to those used in conventional procedures, but through significantly smaller incisions.

Physician Information:

Kingsley R. Chin, M.D. is board-certified in orthopaedic surgery and is the founder and Spine Surgeon-In-Chief of iMIS (www.iMISsurgery.com). Prior to moving to West Palm Beach and Good Samaritan Hospital, Dr. Kingsley Chin was an Assistant Professor of Orthopaedics and Chief Orthopaedic Spine Surgeon at The University of Pennsylvania Hospital. Dr. Chin has published over 44 articles and a textbook, holds several patents on minimally invasive spine devices, and lectured on minimally invasive spine surgery techniques worldwide. He received his medical degree and residency training at Harvard School of Medicine. He has continued to perform many advanced minimally invasive procedures and has been instrumental in advances of spine surgery through the years.

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